



Leadership skills through the martial arts

GEAR REQUIREMENTS

Week of	Intermediate M, W, F	Intermediate Th, S	Advanced M, T, F	Advanced Th, S	Masters Team M, S	Masters Team W	Kando
Dec 18-23	None	None	None	Head	None	Nunchaku	None
Jan 1-6	None	Head, Mouth, Hand, Chest	None	Head	Nunchaku	Nunchaku	Nunchaku
Jan 8-13	None	None	Head	None	None	Nunchaku	Nunchaku
Jan 15-20	None	None	Hand	None	Nunchaku	FULL	Nunchaku
Jan 22-27	None	None	Head	None	None	None	Nunchaku
Jan 29- Feb 3	FULL	None	FULL	Head, Mouth, Hand, Foot	Nunchaku	Nunchaku, Bo	Jan: Nunchaku Feb: Chanbara
Feb 5-10	None	None	None	None	Nunchaku	None	Chanbara
Feb 12-17	None	None	None	FULL	FULL	Nunchaku, Bo	Chanbara